



Task 1

Look at the pictures and words. Write C (countable) or U (uncountable) next to them. Next, write "a" or "an" before the words wherever possible.

1. paper (U), a book (C), a newspaper (C)
2. a computer (C), Internet (U), a smart phone (C)
3. water (U), a bottle (C), wine (U), a glass (C)
4. food (U), a sandwich (C), a snack (C)
5. time (U), a minute (C), an hour (C)

Write three things you usually do in a day.

Example: I read a newspaper in the morning. **student's idea(s)**



Task 2

Fill in the blanks with "How much" or "How many". Next, answer the questions about yourself.

- 1a. **How much** coffee do you drink a day? **student's idea(s)**
- 1b. **How many** liters of water do you drink a day? **student's idea(s)**
- 2a. **How much** paper do you use at work? **student's idea(s)**
- 2b. **How many** phones do you use at work? **student's idea(s)**
- 3a. **How many** hours a day do you spend in a car? **student's idea(s)**
- 3b. **How much** time a week do you spend in a car? **student's idea(s)**
- 4a. **How many** people do you work with? **student's idea(s)**
- 4b. **How much** space do you have at your desk? **student's idea(s)**



Task 3

Read the dialogues. Fill in the blanks with the given phrases. Next, answer the question.

1. How many hours do you exercise a week? (many / not many)
Mark: **Not many**. I walk my dog once a day.
Toby: **Many**. I go jogging every morning, and I play tennis twice a week.
2. How much alcohol do you drink? (a lot / any)
Mark: **A lot**. I usually drink three to four cans of beer in the evening.
Toby: I don't drink **any**. It's not healthy.
3. How much fast food do you eat? (a lot / not much)
Mark: **A lot**. I usually order pizza for dinner.
Toby: **Not much**. I sometimes eat burgers.
4. How many hours do you work? (many / not many)
Mark: **Not many**. I don't work regular hours.
Toby: **Many**. I have my own business, so I must work hard.
How much free time do you have? (a lot / some)
Mark: **A lot**. I just relax or watch TV.
Toby: I have **some**. My life is busy, but I'm well organized.

Whose lifestyle is healthy? Why? **student's idea(s)**



Task 4

Complete the sentences with the words from the box.

coffee / emails / fast / paper / pens / people / snacks / time / wine

At work

1. I don't have any free **time**.
2. I drink a lot of **coffee**, but I don't drink any **wine**.
3. I use a lot of **paper** to take notes.
4. I eat some **snacks**, but I don't eat any **fast** food.
5. I write with a lot of colored **pens**.
6. I read some **emails** in the morning.
7. I sit with some **people** in the conference room.



Task 5

Listen to the audio. Put a check mark (✓) next to the things that are ready for the party in the audio.

- Food
- a) snacks ✓
 - b) fruit ✓
 - c) ice cream
 - d) cake ✓
 - e) pizza

- Drinks
- f) soft drinks
 - g) juice ✓
 - h) beer ✓
 - i) wine
 - j) water

- Other Things
- k) music ✓

Listen again. Complete the sentences with the words you hear in the audio.

1. We have some fruit and some cake, but **not much**.
2. We'll **order** some pizza.
3. How much wine do you have?
Three or **four** bottles, I guess.
4. A lot of **people** are coming to the party.
5. He's a **DJ**.
6. See you **in the evening**!



Task 6

Read the text. Fill in the blanks with a lot of / some / not much / not many / no so the sentences are true for you.

student's idea(s)